

IN CLASS ETIQUETTE & BEHAVIOR EXPECTATIONS

- Pay attention when other students dance - you will learn something! That means dancers are quiet and NOT talking when there are dancers on the dance floor
- Be supportive and show encouragement for other dancers. Always clap for someone who is selected to demonstrate.
- LISTEN! Only ask questions when called upon. You will always have the opportunity to ask questions.
- Be kind to everyone! No gossiping allowed - in the studio, cyberspace, the car, etc.
- Be on time for class.
- Make sure you go to the bathroom BEFORE your class. Use the break times given to use the facilities. Escaping to the bathroom to get out of the work or because the material is getting too hard is not acceptable. If you leave we either have to wait on you which wastes everyone's time, or you miss more material and get even further behind. If you are having trouble, let me know. Not everyone learns at the same rate. No one is going to get something all at once. It is OK not to "get it" for solo dances as well as group dances.
- Be respectful of your instructors and do as they ask you without argument or question.
- Be prepared to be coached, corrected and asked to repeat movements, dances, drills and more. We are here to teach you, you are there to learn. Spiteful, sloppy dancing gets you nowhere at the studio, in a performance or on the competition floor. We always expect you to dance your best every time you enter any dance floor.
- If you are asked to fill in on a group dance of any kind you are expected to do so without argument. If you do not know the dance, take the place as requested and let your instructor know that you don't know the dance or spot.
- Say goodbye and thank you to your instructor before you leave, no matter how well you feel the class went.

Studio Rules and Expectations

- No soda during class, only water is allowed in the studio.
- You must have shoes, socks, and the appropriate attire, including your hair pulled back from your face and neck.
- You must be on time and prepared to dance when your class starts. (see above).
- You must be kind, polite, and respectful of your instructors and all members of this organization.
- No bleeding, breaking bones, losing teeth, barfing, spraining ankles, pulling ligaments, passing out, or anything else that might gross me out.
- No hitting, slapping, pinching (even in jest) or picking each other up or sitting on each other.
- Put everything that you came with back in your dance bag, dispose of any trash that is around you, whether it is yours or not, and put things you moved around back into place. Likewise, if you are waiting in the kitchen please put the chairs, benches etc back into place.
- **STAY OFF MY MIRRORS!!!!!!**
- When it is time for your class to start, come into the studio quietly and immediately go to the seating area, get your dance shoes on, stretch and wait for your class to start. Do NOT distract the other dancers, do not walk in front of the dancer on the floor or between the instructor and the dancers that are working. (this goes for you parents as well.)
- If you are not a dancer in the class you may NOT be in the studio. This includes siblings, parents, non dancing children, friends etc. There is very little room in the studios & quite frankly, if you are not dancing, you are a distraction.
- Occasionally exceptions will be made. Visitor days/parent peek ins are occasionally schedule,
- When visitors are in the studio, they must sit quietly, parents and visitors are NOT to correct or coach any of the children or dancers at any time during the class as this undermines the instructor and distracts the dancer
- **PRACTICE, PRACTICE, PRACTICE AT HOME**

DRESS CODE

- Dress code applies to ALL locations, ALL classes
- Black, gray, white or pink leggings, shorts, or tights. Shorts must be at an appropriate length (no cheek chillers)
- Black, gray white or pink tights, white poodle socks or other white socks.
- Black, white, gray, or pink shirts or any MCD Logo shirts, shirts with graphics as long as the main color theme is MCD themed
- Graphics/designs on leggings, shirts, etc are acceptable as long as we are within the theme
- Sports Bra (This is for ALL CLASSES) - If you are over 10 and or if you need one, if there is a question about whether you need one, you probably need one
- NO SKIRTS or DRESSES
- NO mid drifts or belly shirts
- Hair pulled up off of your face and neck
- You must wear socks with your ghillies and hard shoes
- LAYERS that will allow you to move and can be easily removed. When the weather is cool the studios are pretty chilly until you start moving and then it gets very hot. When the weather is warm, it is just plain hot, especially in the Dayton studio and you WILL get sweaty. Socks must absolutely be worn!
- Deodorant - Nuff said!
- Absolutely no denim of any kind may be worn during practice. This means no denim shorts not stretchy denim, not jegging – NO DENIM! Leggings that drag the ground or have huge flares are also not acceptable; I have to see what your feet and legs are doing.
- Shoes - Standard issue Irish dance shoes (soft and hard), ballet shoes in black or gym shoes are all acceptable.
- Hair Please have your hair pulled back securely from your face and neck. It should not be hanging in your eyes. If you don't do it, I will do it for you with my supply of brand new pony-tail holders, and you will have to wear your hair the way I put it up without complaint or adjustment, crying or fussing.
- Water ONLY, no bubbly drinks no flavored anything! Water is provided at the studio for .50/bottle